

**PSHE Scheme of work
Yearly Overview**

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	The Caring School Feelings, Friends and relationships	The Caring School	The Caring School Feelings, Friends and relationships	The Caring School Feelings, Friends and relationships	The Caring School Bullying, pressure and risks	The Caring school Growing up
Autumn 2	Special People Antibullying	Feelings and relationships	Relationships, loss and separation	Respecting the difference between people	Me and my relationships	Emotions and Transitions
Spring 1	Healthy Eating and Hygiene	Healthy Lifestyles	Choices, emotions and difference	My Healthy body	Healthy Lifestyles	Growing up and responsibilities
Spring 2	Physical Health and Well-being	Growing and Changing	My Healthy body, taking responsibility for my healthy lifestyle	Caring for my body		
Summer 1	Growing and Changing	Keeping myself safe	Keeping myself safe	Keeping myself safe	Growing up Relationships and responsibilities	Rollercoaster: the ups and downs of puberty
Summer 2	Keeping myself safe The world of drugs	The world of drugs	The world of drugs	The world of drugs	The world of drugs	The world of drugs Keeping safe online